



Phantoms for X-ray breast imaging



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Three dimensional breast cancer models for X-ray Imaging research



HORIZON 2020 European Union funding for Research & Innovation



WHERE ARE WE?









Credits: Lucas Rodolfo de Castro Moura http://www.lrdronecampinas.com.br/

Funded in 1966





University of Campinas (UNICAMP): 1st in Latin America





WHERE ARE WE?





Outline





MOTIVATION: Screening x Breast imaging



Adam ®

- Mammography is the most used technique for early detection
- Sensitivity
 - Fatty breasts: 81% to 93%
 - Dense breast: 57% to 71%
- Supplementary methods for breast screening
 - MRI
 - Ultrassond
- New x-ray breast imaging aiming to improve the detection sensivity and specifity

Historical advances of breast x-ray imaging



1950



Courtesy of K.H.Ng

-60 years

Contrast enhanced Digital Mammography (CEDM)

2010 Lorad, Hologic/MicroDose,Sectra







Courtesy of Hologic

Historical advances of breast x-ray imaging





2011 Digital Breast Tomosynthesis Koning Corporation 2014 Breast CT



Why is necessary optimize and develop breast imaging techniques?



Optimization : Achieve images with the highest image quality with the lower dose deposited in the breast.

COUNTERTHINK







How evaluate the image quality and dose in the breast? How new imaging techniques can be tested?



Book chapter: The Phantoms of Medical and Health Physics

Editors

Larry A. DeWerd and Michael Kissick



Book Chapter Mammography Phantoms Alessandra Tomal » Look Inside » Get Access 8.1 143 8.2 Phantoms for Imaging..... 144 Phantom for Quality Control and Accreditation 8.2.1 8.2.2 Phantoms for Dosimetry 150 8.3 8.4 Anthropomorphic Phantoms for Mammographic Imaging 151 8.5

Editor

Paolo Russo



SERIES IN MEDICAL PHYSICS AND BIOMEDICAL ENGINEERING



CRC Press

Paolo Russo

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Springer

Phantoms for Image Quality and Dose Assessment

Alessandra Tomal and Paulo Roberto Costa

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Motivation

Why is breast phantoms are important for breast imaging?

Simulate the complex structure of the breast

Quality Control and quality assurance

Optmization of dose and image quality

Detectability of masses and diferent structures

Development and comparison of different imaging modalities





Why is breast phantoms are important for breast imaging?

How breast phantoms can be classified?



Homogeneous

Antropomorphic

For image quality



Outline





Characteristics of breast phantoms : Tissue-equivalente materials

Mammography, DBT, CEDM, CT



Characteristics of breast phantoms : Tissue-equivalente materials

Mass Density and Electron Density

Effective Atomic Number

Linear Attenuation Coefficient

Refractive Index Decrement

Other x-ray properties

Moldable



Breast tissue-equivalent materials

SEVERAL WORKS AIMED TO CHARACTERIZE THE PROPERTIES OF BREAST PHANTONS

ew plastics and Printing materials



Composition and Mass Density

Material	H (%)	C (%)	N (%)	0 (%)	ρ (g/cm ³)
Adipose Tissue *	12.4±0.1	76.5±1.1	0.40±0.05	10.7±1.3	0.92±0.02
Glandular Tissue *	9.3±0.5	18.4±0.9	4.4±0.6	67.9±2.0	1.04±0.02
Adipose Tissue H	11.2	61.9	1.7	25.1	0.93
Glandular Tissue H	10.2	18.4	3.2	67.0	1.04



*Poletti et al. PMB 2002, 47: 47.

Composition and Mass Density

Material	H (%)	C (%)	N (%)	0 (%)	ρ (g/cm ³)
Adipose Tissue	12.4±0.1	76.5±1.1	0.40±0.05	10.7±1.3	0.92±0.02
Glandular Tissue	9.3±0.5	18.4±0.9	4.4±0.6	67.9±2.0	1.04±0.02
PMMA	8.27±0.01	60.45±0.06	0.0	31.28±0.07	1.18±0.01
Nylon	10.08±0.03	62.70±0.07	11.39±0.03	15.83±0.13	1.13±0.02
Polyethylene	14.51±0.04	85.49±0.08	0.0	0.0	0.89±0.02
Polyacetate	7.03±0.01	57.0±0.06	0.0	35.97±0.07	1.19±0.02
CIRS: 30:70	11.78±0.06	75.12±0.07	0.66±0.03	12.14±0.24	0.97±0.01
50:50	11.10±0.05	72.74±0.09	1.04±0.04	14.82±0.26	0.98±0.01
70:30	11.72±0.06	73.78±0.07	1.30±0.04	12.44±0.25	1.01±0.01
Poletti et al. PMB 2002, 47: 47.					

Chalenge tissue equivalent materials: Breast composition

- Similarity (chemical composition and mass density) between the diferent tissues that compose the breast
- Few data available for breast tissues
 - Restrict to normal adipose and glandular breast tissues
 - Based on a limited number of samples
- Variability between women



Mass Density

 100 breast tissue samples classifed as: Normal Adipose, Normal Fibroglandular, Neoplasic Benign and Malignant



Unpublished



Linear attenuation coefficient



• A Tomal. PhD Thesis. University of São Paulo



Linear attenuation coefficient





• A Tomal. PhD Thesis. University of São Paulo



Linear attenuation coefficient



IEEE TRANSACTIONS ON NUCLEAR SCIENCE, VOL. 60, NO. 2, APRIL 2013

Characterization of Tissue-Equivalent Materials Through Measurements of the Linear Attenuation Coefficient and Scattering Profiles Obtained With Polyenergetic Beams

Wender Geraldelli, Alessandra Tomal, and Martin E. Poletti



566



Linear attenuation coefficient

X-ray characterization of breast phantom materials

J W Byng, J G Mainprize and M J Yaffet

Department of Medical Biophysics and Radiology, University of Toronto and Imaging Research, Sunnybrook Health Science Centre, 2075 Bayview Avenue, Toronto, Ontario M4N 3M5, Canada

Received 14 October 1997

Abstract. A pulse-height spectroscopic technique is used to measure the linear attenuation coefficients of commercially available composite phantom materials designed to simulate the attenuation characteristics of breast fat and breast glandular tissue. The manufacturers have specified the composition of these materials with the goal of matching the linear attenuation coefficients of breast tissues, calculated using the mixture rule. Over the energy range 18 to 100 keV, measurements from these materials are in close agreement with manufacturers' predictions and with previously measured linear attenuation coefficients of breast tissue samples.





Electron Density and Effective Atomic Number



Material	ρ _e (x10 ²³ cm ³)
BR12	3.168
PMMA	3.865
Nylon	3.329

Effective Atomic Number



Courtesy of M. Antoniassi

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Other: Scattering properties



Courtesy of M. E. Poletti M. E. Poletti, *et al*. Nucl. Instrum. Methods B. 213: 595-598, 2004. M. E. Poletti, *et al*. Radiat. Phys. Chem. 71: 973-974, 2004.

Other: Scattering properties



566

IEEE TRANSACTIONS ON NUCLEAR SCIENCE, VOL. 60, NO. 2, APRIL 2013

Characterization of Tissue-Equivalent Materials Through Measurements of the Linear Attenuation Coefficient and Scattering Profiles Obtained With Polyenergetic Beams



Wender Geraldelli, Alessandra Tomal, and Martin E. Poletti

Refractive Index Decrement



Danail Ivanov et al 2018 Phys. Med. Biol. 63 175020



New materials

- Epoxy Resin
- Plastic
- Plastic for 3D printers



Tissue-equivalent materials



IFUSP - Instituto de Física da USP



Mariano, L. Costa, P.R. Development of a methodology for formulating radiologically equivalent materials to human tissues, MCMA2017

Samples evaluation



IFUSP - Instituto de Física da USP



Outline





Breast phantoms classification





Breast phantoms: Physical

- Traditional and Commercial Phantoms for mammography
 - Dosimety
 - Imaging
 - Antropomorphic
- New comercial phantoms for breast imaging
- New developments for Phyisical Breast Phantoms


Breast phantoms for dosimetry





AEC checks detector homogeneity SNR CNR

Gammex 456



CIRS 012A



Breast phantoms for imaging





Breast phantoms for imaging: Quality Assesment and Quality Control

Simulating breast structures or Artificial Details

Low contrast objects

- Masses
- Fibers
- Microcalcification

High contrast patterns and Edges

Evaluation:

- Contrast and spatial resolution
- Noise
- Detectability thresholds (low and high contrast)



Breast phantoms for imaging: Quality Assesment and Quality Control

Simulating breast structures or Artificial Details

Low contrast objects

- Masses
- Fibers
- Microcalcification

High contrast patterns and Edges

Accreditation of mammographic equipments



Breast phantoms for imaging

Mammographic accreditation phantom

Quality assurance phantom

High Contrast Resolution Phantom

Contrast-detail phantom

Anthropomorphic phantom



Breast phantoms for Quality Control

Simulating breast structures or Artificial Details

Low contrast objects

- Masses
- Fibers
- Microcalcification

High contrast patterns and Edges

Specif breast phantom

Detectablity thresholds

and the second second



ACR Phantom

- Simulates a 50:50 breast of 4.5 cm
- Composed by PMMA wax box insert contains 16 sets of test objects (nylon fibers, microcalcifications - Al2O3 and lens-shaped masses)
- Detectability threshold → score of image quality → visible or invisible → accreditation





ACR Phantom: Digital mammography

- ACR Phantom Prototype for digital mammography is based on the existing ACR Accreditation Phantom
- Different numbers and dimensions of inserts.
- The pass/fail criteria for subjective image quality assessment correspond to the same (effective) size as the screen-film mammography phantom



Antropomophic Phantoms for quality control: CIRS®

- Composed by epoxy-resin simulating
 - Different proportions of glandular:adipose tissues (20:80, 30:70, 50:50)
 - Adipose shielding
 - Low and high contrast structures mimicking pathological and artificial details







CIRS®: Models 010A, 010B, 010C

Antropomophic Phantoms for quality control: TOR[MAX] e TOR[MAM]

- TOR[MAX] and TOR[MAM]
 - PMMA Plates and a plate including different structures of high and low contrast
 - Evaluation of contrast, spatial resolution and detectability of small and large areas.
- TOR[MAM], image similar to the clinical practice





Test Objects Ltd.





TOR[MAX] e TOR[MAM]: Aplications

1992, The British Journal of Radiology, 65, 528-535

A preliminary investigation of the imaging performance of

photostimulable phoseness new design of mamn



By A. R. Cowen, BSc, D. S. Brett BSc, DMRD, FRCR

FAXIL, The University of Leeds, Depa Disconnetic Particlopy, The General In

Evaluation of digital breast tomosynthesis reconstruction algorithms using synchrotron radiation in standard geometry

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(Received 20 November 2009; revised 2 March 2010; accepted for publication 4 March 2010; published 30 March 2010)

of an a-Si: H-based X-ray imaging

1998 The British Institute of Radiology

>hantom image quality in ty study

STELLANO SMITH, MA, MSc and

Joint Department of Physics, The Royal Marsden NHS Trust, Fulham Road, London SW3 6JJ, UK

Nuclear Instruments and Methods in Physics Research A 477 (2002) 521 526



www.elsevier.com/locate/nima

Subjetive x quantitative image quality



Mariana Yuamoto, Alessandra Tomal. Private Communication, 2017

Phantoms for quality control: Contrast-detail

- Effectiveness for visibility threshold of very small size objects under lowcontrast conditions
- Discs of various thicknesses and diameters attached to a PMMA cover block.
- Test included in the European Protocol of QC in mammography







Figure 3. Contrast-detail phantom image scoring pattern.

ystems)

Contrast-detail phantom: applications

1995, The British Journal of Radiology, 68, 277-282

The use of a contrast-detail test object in the optimization of optical density in mammography

K J ROBSON, BSc, C J KOTRE, MSc, PhD and K FAULKNER, MSc, PhD

Regional Medical Physic NE4 6BE, UK

Optimization of technique factors for a silicon diode array full-field digital mammography system and comparison to screen-film mammography with matched average glandular dose

Eric A. Berns^{a)} and R. Edward Hendrick The Lynn Sage Comprehensive Breast Center, Northwestern University Medical School, Chicago, Illinois 60611

Gary R. Cutter Center for Research Design and Statistical Methods, University of Nevada, Reno, Nevada

Suryana (Received 14 May 2002; accepted for publication 16 December 2002; published 5 February 2003)

Sechopoulos, I., & D'Orsi, C. J. (2007). Detection of simulated microcalcifications in a phantom with digital mammography: Effect of pixel size. Radiology, 244, 130-137.



Contrast-detail phantom: low cost

INSTITUTE OF PHYSICS PUBLISHING

PHYSICS IN MEDICINE AND BIOLOGY

Phys. Med. Biol. 49 (2004) 1423-1438

PII: S0031-9155(04)66795-9

A novel method for producing x-ray test objects and phantoms

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 ³ Department of Medical Physics and Bicengineering, University College London, WC1E 6JA, London, UK

The British Journal of Radiology, 78 (2005), 746-748 © 2005 The British Institute of Radiology DOI: 10.1259/bjr/11930472

Short communication

A printed image quality test phantom for mammography

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¹Regional Medical Physics Department, Newcastle General Hospital, Newcastle upon Tyne NE4 6BE and ²Department of Medical Physics & Bioengineering, Raigmore Hospital, Inverness IV2 3UJ, UK



New physical phantoms for breast imaging



New physical phantoms for breast imaging

Commercial phantoms

New breast imaging techniques In development



Phantom for large area contrast

- PMMA phantom
 - Details:
 - Nylc
 - Poly
 - Tefl
 - Alur
 - Poly



Radiation Physics and Chemistry

Contents lists available at ScienceDirect

journal homepage: www.elsevier.com/locate/radphyschem

y Experimental evaluation of the image quality and dose in digital mammography: Influence of x-ray spectrum



Radiation Physics and Chemistry

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Breast Tomosynthesis Phantom: CIRS

- Consist of eight homogeneous slabs made from breast-equivalent material in 50/50 ratio of gland and adipose tissue
- Include details for evaluate the image quality (Pixel Value Uniformity, Noise, Resolution in X, Y and Z directions, Geometric accuracy 3D, Artifact assessment and Visual detectability)



Courtesy of CIRS, model 021.



Breast Tomosynthesis Phantom: Leeds - VOX[MAM]

- Can be used for compare image quality between breast tomosynthesis systems
- Breast tissue equivalent material encased in PMMA
- Include groups of microcalcification



Courtesy of Leeds Test Objects Ltd.





Contrast Enhanced Digital mammography phantom: Leeds - CEDM

Phantom with voids into which contrast agent can be injected

Allows studdy the image quality , based on dual-energy technique



Courtesy of Leeds Test Objects Ltd.





New Development: Physical Phantom Prototype

- Selection of the digital phantom equivalent
- 3D printing of dense tissue skeleton
 - 50% glandular
- Adipose compartments filled manually
 - A thin primer applied first
 - ~100% fat epoxy-based resin



Courtesy of P.R. Bakic



Phantom Validation

Power spectrum analysis: Phantom vs. patient comparison (Cockmartin, IWDM 2014)



Siemens





Siemens



Courtesy of P. R. Bakic

Phantom Validation

Power spectrum analysis: Phantom vs. patient comparison (Cockmartin, IWDM 2014)



Siemens





Siemens



Courtesy of P. R. Bakic

Outline





Computational Phantoms



3D Anthropomorphic Breast Phantom

Development and characterization of an anthropomorphic breast software phantom based upon region-growing algorithm

Predrag R. Bakic,^{a)} Cuiping Zhang,^{b)} and Andrew D. A. Maidment Department of Radiology, University of Pennsylvania, Philadelphia, Pennsylvania 19104

 Simulates the skin, regions of adipose and fibroglandular tissue, and the matrix of Cooper's ligaments and adipose compartments





Courtesy of P.R. Bakik



Penn Software Breast Phantom

- Developd since 1996
- Software phantoms provide support for Virtual Clinical Trials
 - The known ground truth about simulated tissues
 - The flexibility to cover anatomic variations





Computational Phantom for xray imaging: BreastSimulator

www.sciedu.ca/jbgc

Journal of Biomedical Graphics and Computing, June 2012, Vol. 2, No. 1

ORIGINAL RESEARCH

BreastSimulator: A software platform for breast x-ray imaging research

Kristina Bliznakova¹, Ioannis Sechopoulos², Ivan Buliev³, Nicolas Pallikarakis¹

1. Department of Medical Physics, School of Medicine, University of Patras, Greece. 2. Department of Radiology and Imaging Sciences and Winship Cancer Institute, Emory University School of Medicine, Atlanta, Georgia. 3. Department of Electronic Engineering and Microelectronics, Technical University of Varna, Varna, Bulgaria.

Breast Modeling Module: consists of several sub-modules that are utilized to model the different breast components: external shape, glandular and adipose tissue, breast lesion, skin, pectoralis and lymphatics.

Computational Phantom for xray imaging: BreastSimulator

www.sciedu.ca/jbgc

Journal of Biomedical Graphics and Computing, June 2012, Vol. 2, No. 1

ORIGINAL RESEARCH

BreastSimulator: A software platform for breast x-ray imaging research

Kristina Bliznakova¹, Ioannis Sechopoulos², Ivan Buliev³, Nicolas Pallikarakis¹



Computational Phantom for xray imaging: BreastSimulator

Evaluation of an improved algorithm for producing realistic 3D breast software phantoms: Application for mammography

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S. Suryanarayanan^{b)} and A. Karellas^{c)} Department of Radiology and Winship Cancer Institute, Emory University School of Medicine, Atlanta, Georgia 30322

N. Pallikarakis Department of Medical Physics, School of Medicine, University of Patras, 26500 Rio-Patras, Greece

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Physica Medica

journal homepage: www.elsevier.com/locate/ejmp

IOP Publishing | Institute of Physics and Engineering in Medicine

Phys. Med. Biol. 62 (2017) 6446-6466

Physics in Medicine & Biology

https://doi.org/10.1088/1361-6560/aa6ca3

Original paper

Homogeneous vs. patient specific breast models for Monte Carlo evaluation of mean glandular dose in mammography

A. Sarno^a, G. Mettivier^{a,*}, F. Di Lillo^a, K. Bliznakova^b, I. Sechopoulos^c, P. Russo^a

Evaluation of the *BreastSimulator* software platform for breast tomography

G Mettivier^{1,6}, K Bliznakova², I Sechopoulos^{3,4}, J M Boone⁵, F Di Lillo¹, A Sarno¹, R Castriconi¹ and P Russo¹



Sumary: Computational breast models



Segmentation and classification of breast tissues

Machine learning +Neural network

Realistic breast glandularity distribution

Anatomy







2D images: Neural networworks based on softwares for measurement of Volumetric Breast Density (VBD)





Cohort

- 14,618 women who undertaken mammographic examination at Instituto de Radiologia (Inrad) da HCFM-USP and Instituto do Câncer de São Paulo between january/2012 and july/2016.
- 16,147 sudies: 64,048 images (left and right breast, CC and MLO view)
- Ethics comitee: CAAE 47878315.2.0000.5404


2D images: Based on softwares for measurement of Volumetric Breast Density (VBD)



Thickness of dense

Based on softwares for measurement of Volumetric Breast Density (VBD)



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Based on softwares for measurement of Volumetric Breast Density (VBD)



Parameters to consider... Next steps

• Investigate de 3D structure based on breast tomosynthesis images

- Validate the model based on Neural Network
 - Compare with breast CT images
 - Compare with other computational breast models
- Construct computational breast phantom for breast dosimetry
- Aplly to patient-specific dosimetry





Physical breast phantoms used for QA and QC in mammography

- Development of new x-ray imaging techniques
 More realistic physical phantom
 Complex 3D distribution of structures
 Clinical trial
- Computational phantom:
 New imaging techniques
 Multimodality imaging
 Anthropomorphic, structured design







UNICAMP



- Process 2016/15366-9
- Process 2015/21873-8



Conselho Nacional de Desenvolvimento Científico e Tecnológico

Process 483170/2015-3



Fundo de Apoio ao Ensino, à Pesquisa e à Extensão











Thank You!

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Thank You!

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