Application of computer models for advancement of Xray breast imaging techniques *Grand Hotel Santa Lucia Napoli*

Phase contrast mammography with synchrotron radiation

Alberto Bravin

European Synchrotron Radiation Facility (Grenoble, France)



HORIZON 2020 European Union funding for Research & Innovation





To MAXIMA organizers for their kind invitation

To all collaborators

A special thanks to:

- Prof. Paola COAN, LMU, Munich
- Dr. Alberto MITTONE, ESRF
- Prof. T. Peters, London, Canada



"A very large microscope to see deep inside matter"

- A source of X-rays produced by relativistic electrons of special characteristics:

- Extremely intense: the most intense on earth
- Highly collimated
- Brilliant
- Tunable in energy





Why is SR interesting for imaging and therapy?

- ~10^{6/}10⁸ more intense than medical
 X-ray generators or LINACS
- tunable monochromatic energy
- parallel beam
- (sub)micrometric spatial resolution



HOW IS A SYNCHROTRON MADE?

SR is a very intense source of radiation from Infra Red to hard X-rays



SR is produced by electrons with relativistic energies circulating in a ring

Synchrotron machine scheme



1 injector 2 transfer line 3 booster 4 storage ring 5 beamline 6 exp. station



SYNCHROTRONS IN THE WORLD

3 larger facilities

5 with dedicated medical beamlines



LIMITS OF CONVENTIONAL X-RAY RADIOGRAPHY IN BREAST IMAGING

Breast cancer: First mortality cause for women in western countries



Diagnosis is simple in a fatty breast (radiotransparent)

Fat - Glandular tissues



Tumors in dense breasts are masked by tissues



Challenges in mammography

"~10% of palpable malignant tumours are not visible in mammography (dense breast, infiltrating tumors etc)"

- High radiosensitive organ
 - --> Possible radio-induced tumors -- > Risk benefit evaluation
- Small difference in contrast between tumor and normal tissues
 -- > need more images, higher doses
- Need of resolutions better/= 40 microns (microcalcifications)
 - -- > doses increase with the 1/pixel²
- Need of better identification of the lesion (2.5D 3D imaging)
 --> higher doses



- Improve contrast formation: from absorption to phase contrast imaging
 -- >use improved source or setup (Olivo, Longo, Bravin, Paterno...)
- Move from 2D to 2.5 and 3D: vision in depth
 -- > tomosynthesis or CT (K. Bliznakova)
- Improve detectors -- > higher efficiency of used dose
 - -- > single photon counting (Kalender, Boone, Esposito..)
- Improve image reconstruction technique to use fewer X-rays and reduce dose
 - -- > use improved reconstruction algorithms (This talk)



Contents lists available at ScienceDirect

Computers in Biology and Medicine

journal homepage: www.elsevier.com/locate/cbm

A software platform for phase contrast x-ray breast imaging research

K. Bliznakova^a,*, P. Russo^b, G. Mettivier^b, H. Requardt^c, P. Popov^d, A. Bravin^c, I. Buliev^a

* Department of Electronics, Technical University of Varna, 1 Studentska Str, Varna 9010, Bulgaria

^b Dipartimento di Fisica, Università di Napoli Federico II, and INFN Sezione di Napoli, Via Cintia, I-80126 Naples, Italy

^c European Synchrotron Radiation Facility (ESRF), Grenoble F-38043, France

^d Department of Physics, Technical University of Varna, 1 Studentska Str, Varna 9010, Bulgaria

In-line phase-contrast breast tomosynthesis: a phantom feasibility study at a synchrotron radiation facility

K Bliznakova¹, P Russo², Z Kamarianakis⁴, G Mettivier², H Requardt³, A Bravin³ and I Buliev¹

Phys. Med. Biol. 61 (2016) 6243-6263



PHC IN THE 90IES: FROM NYLON WIRES TO FIRST MAMMOGRAPHIES

Conventional radiography

Phase contrast



Elettra synchrotron 1997-1998

F. Arfelli, A. Bravin et al, Physics in Medicine and Biology 43, 1998



"Yes, but it can work only in simple objects"

First demonstration of phase contast imaging in a full human organ

F. Arfelli, A. Bravin et al, Radiology 215, 2000



TECHNIQUES AVAILABLE FOR PHASE CONTRAST IMAGING



Optimal radiation is monochromatic collimated, and coherent Xrays, presently available only at synchrotron radiation sources

Analyzer-Based Imaging (ABI)



Diffraction Enhanced Imaging: an algorithm for ABI



Carcinoma Medullare

- 1 Siemens Mammomat 3000 -23 kVp 5.6 mAs MGD=0.4 mGy

- 2 ABI 25 keV minus 0.7 μrad Si(333) MGD= 0.6 mGy

- 3 Histology



Keyriläinen et al. European Journal of Radiology 53, 226-237 (2005)





Breast cancer

- 1 Hospital scanner
- 2 SR technique
- 3 Histology (reality)

skin-muscle collagen strands Ca in collagen fat Bravin et

Bravin et al. Phys.Med. Biol. 2007 52 (8) 2197

FIRST LOW DOSE CT DEMONSTRATION ON FULL MASTECTOMY

Conventional



Phase contrast (ABI)



MGD=6.9 mGy

MGD=1.9 mGy

Full breast : 8 cm 33 keV

Keyriläinen et al. Radiology, 2008

Breast-CT: PCI-CT vs conventional CT vs histology

PCI CT outperfoms conv. CT and it is in strong correlation with histology



Conventional Absorption







Histology

A. Sztrokay et al Physics in Medicine and Biology, 57(10) 2931 - 2942, 2012

LOW DOSE AND HIGH RESOLUTION HUMAN BREAST CT

High-resolution, low-dose phase contrast X-ray tomography for 3D diagnosis of human breast cancers

Yunzhe Zhao^{a,1}, Emmanuel Brun^{b,c,1}, Paola Coan^{c,d}, Zhifeng Huang^a, Aniko Sztrókay^d, Paul Claude Diemoz^c, Susanne Liebhardt^d, Alberto Mittone^c, Sergei Gasilov^c, Jianwei Miao^{a,2}, and Alberto Bravin^{b,2}



PNAS

PNAS | November 6, 2012 | vol. 109 | no. 45 | 18293

Phase contrast CT + iterative reconstruction method

Dose = 2.0 ± 0.1 mGy 25 times dose saving vs clinical breast CT at same resolution

CT BASIC PRINCIPLES

Rotating sample



3D image



Computing (reconstruction algorithms)

Sinogram





LOW DOSE CT





- Breast imaging needs high resolution
 - High number of projections for CT (Shannon Nyquist criterion):

$$Proj = \frac{D\pi}{p \ 2}$$

D: sample thickness P: pixel size

- Can we reduce the number of projections?

2 possible strategies :

- To reduce the number of projections for a CT data set:
 - Shannon-Nyquist criterion not valid anymore
- To reduce the number of photons onto the detector per each angular projection



REDUCING THE NUMBER OF PROJECTIONS OF A CT DATA SET



Using FBP: prone to the appearance of artefacts



REDUCING THE NUMBER OF PROJECTIONS

- Filtered Back Projection (FBP)
- Simultaneous Iterative Reconstruction Technique (SIRT)
- Simultaneous Algebraic Reconstruction Technique (SART)
- Conjugate Gradient Least Squares (CGLS)
- Total Variation (TV) minimization
- Iterative FBP algorithm based on the image histogram updates
- Equally Sloped Tomography (EST)



S. Pacile et al, <u>Biomed Opt Express</u>. 2015 Aug 1; 6(8): 3099–3112



	Radiol. 1	Radiol. 2	Radiol. 3	Pathologist	Mean Score
FBP	1	1	1	1	1
FBP-ITER	1	1	1	0.5	0.87
SIRT	1.5	1	1.5	1.75	1.43
SART	1.5	1.25	1.5	1.75	1.5
CGLS	1	1.25	1.5	1.5	1.31
EST	1	1.25	1.5	1.5	1.31
phr FBP-ITER	3	3	2.5	2	2.62
phr FBP-ITER Epan17	2.5	3.25	2.5	2.5	2.68
phr FBP-ITER Susan5	2.5	3.25	3	2.5	2.81
phr TV-MIN	1.5	2.75	2.75	2.75	2.43
phr FBP	2.5	2.5	2.75	3.5	2.81
phr SIRT	3.25	3.25	3.5	3	3.25
phr SART	3.25	3.25	3	3	3.12
phr CGLS	2.5	3.25	3	3	2.93
phr EST	3.5	3.25	3.5	3.5	3.43

Table 4. Qualitative assessment of the considered images performed by expert supervisors.

0: worst case; 4: best image

All algorithms available in X-TRACT software: http://www.ts-imaging.net/Services/SignUp.aspx

S. Pacile et al, <u>Biomed Opt Express</u>. 2015 Aug 1; 6(8): 3099–3112



Observation:

- Real space image is in Cartesian grid while the Fourier space data is in Polar Grid
- There is no exact and direct FFT between polar and Cartesian Grid [1]



[1] Briggs, W.L., Henson V.E. The DFT: An owners' Manual for the Discrete Fourier Transform. SIAM, Philadelphia. 1995

Slides provided by Prof. P. Coan



EQUALLY SLOPED TOMOGRAPHY ALGORITHM



Frequency Domain (Pseudo-polar Grid)



Idea : "a polar like" grid that enables direct and exact Fourier transform => **PSEUDO POLAR GRID**



- Grid points in the Fourier domain are lying on the equally-sloped lines instead of equally-angled lines
- N*N Cartesian grid -> 2N*2N Pseudo polar grid (PPG) points
- There exist a PPFFT between PPG and Cartesian Grid
 - algebraically exact
 - geometrically faithful
 - Invertible

Miao et al. Phys Rev B ,72 (2005)

PNAS, Zhao, Brun, Coan et al., 109 (45) 6 Nov 2012

Slides provided by Prof. P. Coan



dea : "a polar like" grid that enables
direct and exact Fourier transform
=> PSEUDO POLAR GRID





Miao et al. Equally sloped tomography with oversampling reconstruction. Phys Rev B,72 (2005)

EQUALLY SLOPED TOMOGRAPHY ALGORITHM: ITERATIVE ALGORITHM

EST iterative algorithm

Starts with the conversion of the projections to Fourier slices in the pseudo polar grid fractional FFT

Iterative process is initiated:

- Inverse PPFFT is applied to the frequency data
- •A new object is obtained through constraints. Forward PPFFT onto modified image
- Frequency data is updated with the measured Fourier slices

Real domain constraints:

- Minimization of the coefficients
- , •Real values as result
- Iterations are monitored by an error function





- \rightarrow On both synthetic and experimental data
- → Different Phase Contrast Imaging techniques Pro
 - Propagation based imaging
 - Analyzer based imaging

Propagation-based

Snigirev 1995, Wilkins 1995, Cloetens 1996



- → Different clinical cases (FULL JOINTS or ORGANS):
 - Breast imaging
 - Musculoskeletal imaging

Slides provided by Prof. P. Coan





The European Synchrotron







The sinogram

Visual Comparison



Zoomed view in a 92 µm thick slice an excised full human tumor bearing breast

 FBP - 512 exhibits high noise degraded features and blurred boundary of the tumour

FBP



PNAS, Zhao, Brun, Coan et al., 109 (45) 6 Nov 2012

Result of reconstruction by EST 512projections









ПΠ



SIEMENS

www.munich-photonics.de

Quantitative Comparison



Blind Test made by 5 radiologists (Radiology department of Ludwig Maximilians University)

Radiologist were asked to mark form 1 (worst) to 5 (best) on the following criteria

	FBP 512	EST 200	FBP2000	EST512
Image quality	2.2 ± 0.4	2.7 ± 0.9	4.3 ± 0.9	4.5 ± 0.5
Sharpness	$3.3 \pm .0$	2.2 ± 0.8	4.0 ± 0.7	4.3 ± 0.5
Contrast	3.0 ± 0.7	3.4 ± 0.9	4.0 ± 0.5	4.8 ±0.4
Evaluation of different structure	2.7 ± 0.5	2.9 ± 1.	4.1 ± 0.6	4.8 ± 0.4
Noise	1.8 ± 0.7	3.3 ± 0.8	4.2 ± 0.7	4.8 ± 0.3

3D CT breast tumor detection at high resolution and at a dose even lower then conventional 2D mammography (~3.5 mGy)!

Fourier based iterative Equally Slopped Tomography (EST) algorithm

Conventional CT Phase contrast CT + EST Dose $49 \pm 1 \text{ mGy}$ $Dose = 2.0 \pm 0.1 mGy$ Skin Tumor ESRF 2 cm Lactiferous Lobules duct

<u>25 times dose saving vs clinical breast CT at same resolution</u>

PNAS, Zhao, et al., 109 (45) 6 Nov 2012

P. Coan

Summary

- 3D information of soft tissues at higher resolution and better contrast, but also deliver less radiation doses to the sample
- A step towards the clinical application of PCT for 3D screening and diagnosis of human breast cancer
- Very low dose (<1mGy) 3D imaging is possible if one is ready to loose a bit of spatial resolution and noise



PNAS, Zhao, Brun, Coan et al., 109 (45) 6 Nov 2012









Sparsity

image is intrinsically sparse when it can be approximated as a linear combination of a small number n of basis functions, with n=N, where N is the image dimensionality



Good case: when image has large constant parts: the basis can be small pieces varying only on the borders



How many patches?

mxm<< NxN (pixel size)

- Fast calculation
- Image not well reproduced
- Very low noise (noise has little sparsity)

mxm>> NxN (pixel size)

- Heavy computation
- Image well reproduced
- Very smooth transition at the patches borders if the patches are overlapping
- Also noise is reproduced, to be treated with a denoisy method

Submethods:

- Dictionary learning
- Total Variation penalization (TV): introduces a regularization parameter

All mathematics can be found in

A. Mirone, E. Brun, P. Coan. PlosOne, 9(12) e114325



Dictionary Learning reconstruction



- Idea of the method :
 - To create a database of patchworks starting from images close to the images to be reconstructed
 - To decompose the slice to be reconstructed in a patchwork of subimages
 - To express a given sub-image at position
 "r" as a linear combination of the basis patches
 - To find the solution which gives the maximum Likelihood by minimizing the number of entries in the dictionary
 - Minimization is done toggling between slice and sinogram
 - A regularization included to assure fidelity





Dictionary "learnt" from Lena image and used for reconstructing the image of interest



Noisy image

Denoised image

A. Mirone, E. Brun, P. Coan. PlosOne, 9(12) e114325

Reconstructing Lena

• Experiment :

- 512*512 pixel Lena image
- 80 projections

• Remark :

 To avoid aliasing 800 projections should be used (Nyquist-Shanon sampling criterion)



Lena image to reconstruct

ESH



ΤV

Results

NO noise

80 projections

Zoom views in two different image regions

A. Mirone, E. Brun, P. Coan. PlosOne, 9(12) e114325

DL

Results

Noisy data

Additive White Gaussian Noise = 0.3% max of sinogram

80 projections

Zoom views in two different image regions

Additive White Gaussian Noise = 0.3% max of sinogram

A. Mirone, E. Brun, P. Coan. PlosOne, 9(12) e114325

Direct comparison

Prof. P. Coan

A. Mirone, E. Brun, P. Coan. PlosOne, 9(12) e114325

THE IMPORTANCE OF THE FAST CONVERGING

APPLICATION ON EXPERIMENTAL DATA

Reconstructing phase gradient images

Shannon criterion: 2335 projections (pixel: 47 microns)

Diameter: 7 cm

Vectorial Set of Patches

Set of 2* 7*7 pixels patches learnt from another breast sample

Phase Contrast Reconstruction using DL

Analyzer Based Imaging of a full (7cm) human tumor bearing breast tumor

A. Mirone, E. Brun, P. Coan. PlosOne, 9(12) e114325

Closer Look

Small Structures are preserved in the Dictionary Learning reconstructions Global Image quality is higher in DL

A. Mirone, E. Brun, P. Coan. PlosOne, 9(12) e114325

Tomographic reconstruction of the refractive index with hard X-rays: an efficient method based on the gradient vector-field approach

Sergei Gasilov,^{1,*} Alberto Mittone,^{1,2} Emmanuel Brun,^{1,3} Alberto Bravin,³, Susanne Grandl,² Alessandro Mirone,³, and Paola Coan^{1,2}

Optics Express Vol. 22, Issue 5, pp. 5216-5227 (2014)

Phase retrieval converting the problem to Poisson equation, robust to noisy data

Boundary value problem for phase retrieval from unidirectional X-ray differential phase images

Sergei Gasilov,^{1,*} Alberto Mittone,^{2,3,4} Annie Horng,⁴ Alberto Bravin,³ Tilo Baumbach,¹ Tobias Geith,⁴ Maximilian Reiser,⁴ and Paola Coan^{2,4}

18 May 2015 | Vol. 23, No. 10 | DOI:10.1364/OE.23.013294 | OPTICS EXPRESS 13294

Application of a finite element technique to solve The boundary value problem in phase retrieval

On the possibility of quantitative refractive-index tomography of large biomedical samples with hard X-rays

Sergei Gasilov,^{1,*} Alberto Mittone,^{1,3} Emmanuel Brun,^{1,2} Alberto Bravin,² Susanne Grandl,³ and Paola Coan^{1,3}

1 September 2013 | Vol. 4, No. 9 | DOI:10.1364/BOE.4.001512 | BIOMEDICAL OPTICS EXPRESS 1512

PhC vs conventional CT: accuracy in refraction Index calculation in noisy data

A single-image method for x-ray refractive index CT

A Mittone^{1,2,4}, S Gasilov^{1,3}, E Brun^{1,4}, A Bravin⁴ and P Coan^{1,2}

Phys. Med. Biol. 60 (2015) 3433-3440

Fast and low dose phase retrieval using a single Image dataset

The problem of the radiation delivered

How to perform fast dose simulations?

Conventional Monte Carlo Long computational time

- The track-length estimator (TLE)
- Electrons production cut

How to perform fast dose simulations?

- It requires fewer particles to converge
- Works when electron range is < spatial resolution (<100 keV)</p>
 - No significative energy escape (radiative, atomic deexcitation): Z<20; E<1 MeV</p>

The TLE code (C++) has been integrated in <u>GATE</u> (Geant4)

COMPARISON WITH STANDARD MONTE CARLO METHOD

10⁷ events on segmented CT data of experimental <u>breast sample</u> TLE Method^{8,9} Standard Monte Carlo

⁸A. Mittone et al, J. Synchrotron Radiat. 2013.
⁹F. Baldacci, A. Mittone et al, Z. Med. Phys., 2015.

DOSE DATABASE FOR BREAST IMAGING¹⁰

Estimation of the average dose in a breast (monochromatic radiation):

- -Range of energy: 15-100 keV
- -Different geometries (thickness)
- -Different compositions (fraction of glandular tissue)

A. Mittone et al, Phys. Med. Biol. 59 (2014) 2199–2217.

SELECTED BIBLIOGRAPHY OF MAMMOGRAPHY AT ID17-ESRF

S Fiedler, A Bravin, *Physics in Medicine and Biology* 49 175-188 (2004) M. Fernández, J. Keyriläinen, Spectroscopy 18 (2004) 167–176 J. Keyriläinen, M. Fernández, European Journal of Radiology, 53, 226-237 (2005) M. Fernandez, J. Keyrilainen, Phys. Med. Biol. 50 (2005) 2991-3006 A. Bravin, J. Keyriläinen, Phys. Med. Biol. 52 (8) 2197-2211 (2007) J Keyriläinen, M Fernández, Radiology, 2008: 249 (1) 321-327 Fernández M, Suhonen H, Eur J Radiol. 68S (2008) S89-S94 Keyriläinen J., Fernández M., Journal of Synchrotron Radiation 18, 689-696 (2011) Sztrókay A, Diemoz PC, Phys Med Biol. 2012 May 21:57(10):2931-42. Epub 2012 Apr 20. Y. Zhao, E. Brun, PNAS 2012, November 6, vol. 109, no. 45, 18290–18294 P Coan, A Bravin J. Phys. D: Appl. Phys. 46 (2013) 494007 A Mittone, A Bravin Phys. Med. Biol. 59 (2014) 2199-2217 E. Brun, S. Grandl, *Medical Physics* 41, 111902 (2014) K. Bliznakova, P. Russo, Computers in Biology and Medicine, 61 (2015) 62-74 S Grandl, A Sztrókay-Gaul, PLOSONE 2016 Jun 30;11(6):e0158306. Bliznakova K., Kamarianakis Z., IFMBE Proceedings, 57, 367-371 (2016) Bliznakova K., Mettivier G., Lecture Notes in Computer Science 9699, 611-617(2016) Bliznakova K., Russo P., Physics in Medicine and Biology 61, 6243-6263(2016) J. Keyrilainen, A. Bravin, Acta Radiologica 2010 51 (8) 866-884 Gasilov S, Mittone A, Opt Express. 2014 Mar 10;22(5):5216-27. doi: 10.1364/OE.22.005216. A. Mirone, E. Brun PLOS ONE 2014 vol.9, art 0114325. DOI:10.1371/journal.pone.0114325 Baldacci F, Mittone A, Z Med Phys. 2015 Mar; 25(1): 36-47 A. Mittone, S. Gasilov, Physics in Medicine and Biology60 (2015) 3433-3440 Gasilov S, Mittone A, Opt Express. 2015 May 18:23(10):13294-308. S. Gasilov, A. Mittone, Biomedical Optics Express 2013 Vol. 4, No. 9 1512-1518 Mittone, F. Baldacci, J. Synchrotron Rad. (2013) 20, 785–792 Α. A. Olivo, P. C. Diemoz, and A. Bravin Optic Letters (2012) Vol. 37, No. 5 『P. C. Diemoz, M. Endrizzi, *Physical Review Letters 110, 138105 (2013)*

